

# MARENA WELLNESS & SPA

*where the forest meets the sea*





# ABOUT THE FACILITY

Marena Wellness & SPA is an ideal venue for meetings which combine work and relaxation in one whilst staying in perfect harmony with nature. We have been at your service for many years now, organising conferences, trainings and team building stays where not even a single detail is left to chance. Everything is pure perfection – starting with the professional service up to the inspiring surroundings. Here, where the forest meets the sea, you can finally focus as never before. New ideas will come to your head sooner than you would ever imagine.



a comfortable stay for 170 people: 2 buildings with 84 rooms and suites,  
conference halls for: team building, festivities, banquets and events for 15-250 people



catering services: 2 restaurants, bar, a'la carte zone, outdoor campfire or barbecue area



Mare SPA with a pool zone and a wide palette of wellness treatments



splendid location and easy access (40 km away from Świnoujście, 65 km away from the airport in Goleniów, 100 km away from Szczecin — quick access via the S3 and 102 routes.)



150 metres away from a sandy beach



in the very heart of a pine forest



# ROOMS AND SUITES

Once your intensive meetings and team building activities are over, our comfortable rooms and suites shall offer a safe haven for your groups, combining cosy relaxation with the seaside peace.

## Main building (Perta)

Room category	number
Standard double/twin rooms	32
Comfort double/twin rooms	11
Suite	10
Comfort suite	3
De lux suite	3
<b>In total</b>	<b>59</b>



## Fala Building

Room category number	number
Double/twin room	21
Studio	4
<b>In total</b>	<b>25</b>



## Room equipment

- WiFi
- TV
- Tea and coffee set, water
- Towels and bathrobes
- Toiletries
- Hair-dryer
- Fridges |Perta building|
- Safes |suites|







# CONFERENCE HALLS

There is no better venue for conferences, trainings, workshops and business events of any kind than Marena Wellness & SPA. A great asset of the facility is the rich infrastructure thereof – starting with comfortable halls with full catering facilities up to wide green areas which can be used for outdoor events and team building programmes.


## 1 BISTRO HALL

 surface 200m<sup>2</sup>

 daylight access

 can be joined with the Diuna hall

 dimensions 19 x 10.5m

 total blackout option

 room with sound system


 height 3.5m


 Wi-Fi access


A spacious designer room with elastic arrangement options available. An ideal venue for:


- company banquets
- theme evenings
- family receptions
- entertainment shows with performers (stage shows, stand-up, illusionist)
- team building events with DJ
- culinary workshops and live cooking shows


Maximum hall capacity depending on the seating arrangement:

 theatre  
130 seats

 classroom  
80 seats

 U-shape  
80 seats

 Standing banquets  
120 ppl

 Seated banquets  
60 seats





## 2 DIUNA HALL



daylight access



can be joined with the Bistro hall



surface 180m<sup>2</sup>



total blackout option



room with sound system and OHP



dimensions 16 x 11m



Wi-Fi access



patio access



height 3.5m



possibility of entering the hall directly by car or with large equipment

A functional training space with a direct patio access and a drive. Can be used for the following purposes:

- trainings, workshops and shows
- panel discussions and themed seminars
- creative workshops, educational activities
- team building events

Maximum hall capacity depending on the seating arrangement:



theatre  
130 seats



standing banquet  
120 ppl



classroom  
80 seats



seated banquet  
60 seats



U-shape  
80 seats



## 3 BISTRO + DIUNA



daylight access



room with sound system and OHP



surface 450m<sup>2</sup>



total blackout option



patio access



dimensions 19 x 22m



Wi-Fi access



height 3.5m



possibility of entering the hall directly by car or with large equipment

A spacious event hall, ideal for:

- large conferences, congresses
- evening events with big stage, DJ or live music
- wedding receptions
- team building
- multi-zone events
- company fairs, brand shows and presentations

Maximum hall capacity depending on the seating arrangement:



theatre  
250 seats



standing banquet  
250 ppl



classroom  
200 seats



seated banquet  
140 seats












U-shape  
150 seats





## 4 PERŁOWA HALL






-  surface 120m<sup>2</sup>
-  daylight access
-  dimensions 14.5 x 8.5m
-  total blackout option
-  height 2.9m
-  Wi-Fi access

-  located on the 1st floor (accessible by lift and stairs)
-  room with sound system and OHP
-  spacious foyer with toilet

A comfortable space designed for substantive work and brainstorming. It is ideal for:







- trainings, workshops and development sessions
- project and planning meetings
- panel discussions and thematic seminars
- leisure activities (yoga, stretching, Pilates)




Maximum hall capacity depending on the seating arrangement:

-  theatre 120 seats
-  classroom 60 seats
-  U-shape 45 seats
-  standing banquet 100 ppl
-  seated banquet 50 seats



## 5 VELIFIERA RISTORANTE



-  surface 330m<sup>2</sup>
-  daylight access
-  dimensions 19 x 17.5m
-  total blackout option
-  height 3m
-  Wi-Fi access

-  located on the upper ground floor (accessible by stairs)
-  room with sound system
-  extended buffet space and live cooking station

A representative restaurant space, ideal for classy and sophisticated events such as:

- formal dinners and banquets
- board meetings
- elegant family events
- tasting sessions with live cooking
- DJ parties with dance floor










Maximum hall capacity depending on the seating arrangement:

-  standing banquet 200 ppl
-  seated banquet 100 seats










## 6 VENTO BAR

- |   |  |  |
|---|--|--|
|  surface 45m <sup>2</sup> |  daylight access                            |  direct bar access              |
|  dimensions 8 x 6m        |  chillout zone with billiards, piano and TV |  room with sound system and OHP |
|  height 2.5m              |  Wi-Fi access                               |  foyer                          |

An intimate lounge area for less formal meetings and cosy evening talks. Joined with the chillout zone, it creates a comfortable environment for:










- networking meetings
- intimate dinners and banquets
- project group meetings

Maximum hall capacity depending on the seating arrangement:

- |   |  |
|---|--|
|  theatre<br>45 seats    |  standing banquet<br>80 ppl   |
|  classroom<br>25 seats |  seated banquet<br>40 seats |
|  U-shape<br>20 seats  |  |





## 7 ARBOUR

- |  |  |   |
|--|--|---|
|  surface 200m <sup>2</sup> |  open outdoor space |  close to nature                             |
|  dimensions 21 x 9.5m      |  campfire access    |  installing an OHP and sound system possible |
|  height 3.5m               |  Wi-Fi access       |  easy car park access                        |

A covered outdoor space for relaxed, informal meetings. The open construction thereof makes it an idea venue for the following types of events:

- outdoor dinners, barbecues and campfires
- team building and business picnics
- acoustic concerts and live shows
- animation programmes and outdoor activities

Maximum hall capacity depending on the seating arrangement:


- |  |
|--|
|  standing banquet<br>200 ppl |
|  seated banquet<br>100 seats |






## 8 SPORTS HALL


 surface 350m<sup>2</sup>


 dimensions 22.5 x 15.5m


 height 3.8m

 daylight access

 the only such space in the region

 comfortable training for 70 people

 weight and circuit training equipment

 adapted flooring and training cage

The only sports space of this kind throughout the region intended for group trainings. Properly equipped and arranged to suit the following activities:

- sports camps
- functional trainings
- fitness classes
- morning warm-ups
- training workshops



The training hall at Marena Wellness & SPA has been designed to meet all the needs and expectations of various active groups:

- sports clubs and national teams which need space for their trainings,
- fitness, yoga and stretching groups organising camps by the sea
- martial arts and contact sport sections requiring special equipment,
- schools, sports academies and youth clubs which want to combine training with leisure,
- companies and team building groups which want to add some activity to their trip.



# CATERING

The F&B area of Marena Wellness & SPA offers both elegant banquets and informal team building events. With the wide palette of rooms at hand, including restaurants, banquet halls and outdoor areas – we can easily adapt the space to your group as well as the nature of your event. And for our experienced team, only the sky is the limit. Even the richest menu and most extended scenario are not a challenge for us.

## 1. Restaurant area

- Velifiera Ristorante and Bistro are perfect for business dinners, tasting sessions, galas and banquets.
- Flexible seating options and space arrangement options.
- Professional catering services and smooth service.

## 3. Events and special arrangements

- Themed dinners, live cooking zones, tasting sessions.
- Events can be enriched with various arts programmes.
- Totally tailored: decorations, lighting, set design, division into individual zones.

## 2. Catering and event management

- Coffee breaks, lunches, buffets, tableserved dinners.
- Outdoor and event catering (including barbecue / campfire).
- Following the schedule and scenario of the meeting throughout.

## 4. Tailored menu

- Conference sets, tasting dinners, special event menus
- Dietary options: vegetarian, gluten-free, sports diet, high-protein diet and other. Compositions.
- Meeting the needs of your group and the nature of your event.





# WELLNESS & SPA ZONE

Once your intensive conference or workshop is over, come and enjoy some carefree regeneration in our extended Wellness & SPA zone. You shall find there cosy ambience and a rich oasis of relaxation – with a pool overlooking the forest and a varied sauna zone – to make your business stay complete.



## Aqua Zone



indoor pool  
overlooking the forest



aromatic cave



dry sauna



steam bath



spacious Jacuzzi

## Mare SPA



a wide massage palette: classic, relaxing,  
sports, exotic massages



aromatherapy



relaxing face and body treatments



cosmetics by renowned brands available for  
purchase: Thalgo, Kanu and Ella Bache

Wellness and Aqua Zone at Marena Wellness & SPA makes every business event complete. It can be used for various purposes:

- for conference and training groups which need rest after intensive meetings,
- for team building, as a relaxing element of their schedule,
- for event organisers wanting to add some regeneration and well-being to their stay,
- for sportsmen and active groups looking for bio-regeneration after training,
- for companies offering well-being benefits, looking for a cosy, comfortable relaxation zone,
- for participants in special events wanting full comfort and peace.



# OTHER AMENITIES

Not only do we offer comfortable accommodation, conference halls and a rich wellness zone, but also countless options of both active and passive relaxation for business groups:



bike and rickshaw rental  
(April– October)



live music (July-August)



Velo Baltica cycle route next to the facility



attended car park subject to video surveillance round the clock available on site



attended bike room



charging station for electric vehicles



chillout zone with books, magazines and board games



Nordic Walking poles and sports equipment for team games: balls, billiards, table tennis, table football



gym and 2 playgrounds outdoors



cooperation with trusted partners specialising in organising events for companies, animation programmes and team building attractions. In this way, you can enrich your event programme with additional attractions.



pet-friendly facility (Fala building)



campfire or barbecue area



a befriended golf course nearby



regular events organised by the facility (e.g. Women's Day, St. Andrew's Eve)





	Main building			Fala building			Other venues	
Accommodation:	59			25				
Double rooms	43			21			-	
Studio / Suite	16			4			-	
Seating capacity (persons)	Pertowa Hall	Velifiera	Vento Hall	Bistro Hall	Diuna Hall	Bistro + Diuna	Arbour	Sports hall
Theatre	120	-	45	130	130	250	-	-
Classroom	60	-	25	80	80	200	-	-
U-shape	45	-	20	80	80	150	-	-
Standing banquet	100	200	80	120	120	250	200	-
Sit-down banquet	50	140	40	60	60	140	100	-
Floor	I	Mezzanine	Ground floor	Ground floor	Ground floor	Ground floor	Ground floor	I
Height (m)	2.9	3	2.5	3.5	3.5	3.5	3.5	3.8
L x W (m)	14.5x8.5	19x17.5	8x6	19x10.5	16x11	19x22	21x9.5	22.5x15.5
Details:								
Wi-Fi	*	*	*	*	*	*	*	-
Daylight	*	*	*	*	*	*	*	*
Blackout	*	-	-	*	*	*	-	-
Sound system	*	*	*	*	*	*	*	-
OHP	*	-	*	-	*	*	*	-
Foyer	*	-	*	-	-	-	-	-
Live cooking	-	*	-	-	-	-	-	-
Wellness Zone	SPA with pool, Jacuzzi, aromatic cave, steam bath and dry sauna  Massages and treatments			-			-	
Additional amenities	<ul style="list-style-type: none"><li>• Attended car park on site</li><li>• Attended bike room</li><li>• Chillout zone</li><li>• Sports and leisure equipment</li><li>• Outdoor gym</li><li>• Electric vehicle charging station</li><li>• Barbecue or campfire area</li><li>• Bike path along the main road</li></ul>							



# LOCATION

Marena Wellness & SPA combines the comfortable location by the Baltic sea with perfect transport accessibility, which is of paramount importance when it comes to business stays. The facility adjoins main roads and offers an easy access, both by car and by coach.

## Distances and access:

- 40 km away from the border crossing point in Świnoujście (road: 3, 102)
- 65 km away from the airport in Goleniów (road: S3/3, 102)
- 100 km away from Szczecin (road: 10, S3/3, 102)
- 280 km away from Berlin airport (road: A6, S3)
- 320 km away from Poznań (road: A2, 138, 22, S3/3, 102)
- 445 km away from Wrocław (road: 94, 36, 3/S3, 102)
- 645 km away from Warsaw (road: S8, A2, 305, 92, 160, 24, 3/S3, 102)



### Find out how to get here!

Scan the QR code and choose the shortest route to the seaside!



### Discover local attractions!

Scan the QR code and check the must-sees of the region!

## Contact

### SALES SPECIALIST

**RENATA MATUSZCZAK**

T: +48 572 348 921

E: [eventy@marenaspa.pl](mailto:eventy@marenaspa.pl)

### SALES SPECIALIST

**JUSTYNA ZIĘBA**

T: +48 665 808 808

E: [eventy@marenaspa.pl](mailto:eventy@marenaspa.pl)

## Social media



@MarenaSPA



@marenaspa



@marenawellnessspa